

5th "INDIAN SUMMER" INVITATIONAL

Hosted by the **WEST SENECA "BLUE" Athletics Club** (USATF 04-0067)

Thursday, August 5th, 2010

Location

**West Seneca West Senior High School
3330 Seneca Street
West Seneca, NY 14224**

****Registration begins at 5:00 PM****

Order of Events (events may be combined to be time efficient)

6:00 PM start on Track

55 meter Dash (Sub-Bantam/Bantam only)

4x800 meter Relay

100 meter Dash

400 meter Dash

1500 meter Run

4x100 meter Relay

5:45 PM start in Field (3 attempts except for High Jump)

Long Jump followed by **Triple Jump** (Open Pits)

Shot Put followed by **Discus**

High Jump

Age Groups

Sub-Bantam (born 1999 or later)

Bantam (born 2000/2001)

Midget (born 1998/1999)

Youth (born 1996/1997)

Intermediate (born 1994/1995)

Young (born 1992/1993)

Open (born 1994 to 1979)

Masters (born 1980 or earlier)

Awards

1st through 3rd earn ribbons per event/per age group

Winning relays earn ribbons per event/per age group

Entries

Maximum of 3 events per competitor costing \$1 per event

*We should have at least one official

*There will be a concession stand open

*There will be no trainer provided

*School building will not be accessible

CONTACT Information:

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